

Welcome to Fostering a Rescue Dog!

Your Guide to a Happy Start

Thank You for Giving a Rescue Dog a Second Chance!

By fostering, you're offering love, safety, and hope to a dog in need. We know it can be exciting but also a bit overwhelming, especially if this is your first rescue dog. This booklet is designed to support you through the first days, weeks, and months together.

What to Expect at the Start

- Rescue dogs may feel nervous or unsure.
- Accidents and odd behaviours are normal.
- Be patient and calm—this is their adjustment period.
- Always communicate with the rescue before seeking medical advice, unless it's an emergency.
- Remember: challenges are temporary with love and consistency.

Bringing Your Foster Dog Home

Create a Safe Space

Set up a quiet, comfy spot with a bed, water, toys, and minimal noise or traffic.

First Interactions

Speak softly and move slowly. Let your dog approach you-it's their choice.

Managing Your Feelings

Celebrate small wins and ask for help if you feel unsure.

Introducing New People, Pets & Places

- Start with household members only.
- Introduce other pets slowly on a leash.
- Take short, calm walks in quiet areas.

Feeding & Toilet Training

- Follow the rescue's feeding plan.
- Feed at consistent times in a calm space.
- Establish a toilet routine—take them out often and praise successes.
- Never punish accidents; clean with enzymatic cleaner.

Preventing Reactivity and Building Trust

Identify and avoid stress triggers at first.



- Use treats and praise to reward calm behaviour.
- Redirect rather than punish.

Settling In

- Keep routines consistent.
- Use toys and short training sessions for mental stimulation.
- Practice short alone times to prevent separation anxiety.

Vet Visits & Medical Care

- Emergency vet visits only if severe symptoms occur.
- Routine care is coordinated through the rescue.
- Maintain vaccinations, flea/tick prevention, and microchipping.

The Adoption Process

- Apply through the W&W website.
- A home visit and suitability check will be arranged.
- A 3 week fostering trial helps both sides adjust.
- Adoption is finalised with a contract and post-adoption support.

Adoption Conditions

- Dogs cannot be rehomed or sold without W&W's consent.
- Home visits may occur post-adoption.
- Changes in circumstances must be reported.
- Dogs must be neutered and microchipped (unless exempt).
- Adopters must meet the Five Welfare Needs under UK law.

Thank You!

You are making an incredible difference. Your kindness and patience give these dogs a chance for a happy, safe future.

For support or questions, please contact your rescue coordinator anytime.

W&W Rescue Team

Unfolding Love, One Wrinkle At A Time